

Success for the Athletic-Minded Man Podcast
Action Plan Episode #473
Why All Success Starts with Clarity and How to Get It

Ever feel like you're pushing 100 miles an hour but getting nowhere?

Are you stuck in the grind, spinning your wheels without seeing progress?

I've been there, and I know the frustration— but here's the GOOD news: you don't have to stay there!

This is your sign to hit the brakes and find the clarity that top athletes and business moguls rely on to crush their goals.

In this episode of the <u>"Success for the Athletic-Minded Man" podcast</u>, we dive deep into the power of CLARITY— the secret weapon that took me from a struggling college wrestler to an All-American wrestler, and that drives legends like Tom Brady, LeBron James, and Jeff Bezos.

You'll learn how to set crystal-clear goals that naturally drive you to take consistent action and discover how this clarity can transform every area of your life.

Whether you're striving to grow your business, deepen your relationships, or hit your fitness goals, clarity is the key that unlocks it all.

Don't miss out—clarity is the edge you've been looking for. Hit play now!

Top Quotes From This Episode

"Clarity in your purpose, clarity in your mission, clarity in your goal— this is what unlocks your potential."

"The power of clarity is that it releases a potential and effectiveness that nothing else can."

Show Notes

This episode touches on the following key topics and ideas:

- Unlocking Success with Clarity (0:37): Clarity is the foundation for achieving extraordinary results. If you don't have clear goals, you're not optimizing your time, energy, or money. Start by identifying your highest priorities, just like athletes do to reach elite performance.
- Unlocking Potential with a Clear Vision (6:00): All success starts with clarity of vision. Whether you're an athlete, entrepreneur, or professional, defining your vision gives you the direction and focus needed to tackle the day-to-day challenges.
- Crafting Your <u>Pathfinder Vision</u> (8:26): Learn the process of creating a "Pathfinder Vision"— a long-term vision for your life that guides every decision you make.
- Unlocking Long-Term Success (9:11): Push yourself to think beyond the next year. Set 30-year goals that challenge you to envision your future self. This exercise provides direction, helping you take strategic steps now to achieve long-term success.
- The Power of Focused Action (10:28): Daily clarity is key to executing long-term goals. Write down three tasks each day that will make today great and align with your larger mission.
- Business Clarity (13:04): Your business needs clarity, too. Establish a clear mission, vision, and values to guide your team and help them make decisions that align with your larger business goals.
- Clarity on the Larger Vision (15:36): You don't need to have all the steps figured out. Set your vision, and trust that clarity will guide the way.
- Surround Yourself with Success (17:50): Don't go it alone— create an Environment of Excellence by surrounding yourself with mentors, peers, and coaches who will challenge and support you. Being around high-performing individuals raises your own standards and performance.
- Share this episode! (22:28): Share the podcast on social media by tagging me and using the hashtag #SAMpod:

YouTube: <u>@jimharshaw1</u>
 Facebook: <u>@jimharshawjr</u>
 Twitter: <u>@jimharshaw</u>
 Instagram: <u>@jimharshawjr</u>

o LinkedIn: Jim Harshaw, Jr.

<u>List of Resources Mentioned in the Episode</u>

"Think and Grow Rich: The Landmark Bestseller Now Revised and Updated for the 21st Century" by Napoleon Hill

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: <u>JimHarshawJr.com/APPLY</u>

Enjoyed the podcast and want to hear more? Head on over here for more!

How to Leave a Rating and Review for STF on iTunes

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: https://youtu.be/T1JsGrkiYko

Other Episodes Referenced

#342 The SEAL Who Killed bin Laden: Robert O'Neill on Fame, Jealousy, and PTSD

#466 Inside the Medal of Honor Institute: Dr. Kevin Basik on Extraordinary Leadership and Bravery of MOH Recipients

#463 Transform Your Life with a Pathfinder Vision: The Secret to Achieving Your Dreams