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Clarity of Action. Peace of Mind.

Success for the Athletic-Minded Man Podcast
Action Plan Episode #463

**Transform Your Life with a Pathfinder Vision:
The Secret to Achieving Your Dreams**

Do you feel like you're a hamster on a wheel?

Constantly overworked.

Barely having time for family.

Your mind is still at work when you're on vacation.

I just spoke to a guy who's living this reality. He admitted that 90% of his peers are working fewer hours and making more money.

How? What's their secret?

In this ["Success for the Athletic-Minded Man" episode](#), let me introduce you the "Pathfinder Vision"— a concept from my [Reveal Your Path program](#), which is a clear, written statement that defines both personal and professional aim. It's the difference between being stuck in the grind and achieving a balanced, fulfilling life both personally and professionally.

Listen and explore what a Pathfinder Vision is, why you desperately need one, and how to create it. Plus, I'll walk you through my own Pathfinder Vision, giving you a blueprint to follow.

Whether you're looking to boost your career, improve personal relationships, or both, this episode will equip you with the tools you need.

Tune in, take notes, and start your journey towards a more purposeful life now! Remember, it's not just about having goals— it's about becoming the person who can achieve them.

Top Quotes From This Episode

"The Pathfinder Vision is a clear written statement that defines both your personal and professional aim, aligning with your core values and driving your habits and mindset daily."

"People who write down their goals are 42% more likely to achieve them compared to those who only think about their goals."

"A lot of times the plan is what holds people back. But the price is enough. What I will do, what I'm going to give, that's enough to get you moving. Because once you start moving, once you start taking action, if you believe it's going to happen, then the plan comes and reveals itself."

Show Notes

This episode touches on the following key topics and ideas:

- **What is a Pathfinder Vision? (2:36):** The Pathfinder Vision, inspired by Napoleon Hill's concept of the Chief Definite Aim from "Think and Grow Rich," is a clear, written statement that defines both personal and professional aims, aligning with core values for holistic growth.
- **Components of the Pathfinder Vision (4:50):**
 - **Desired Outcome:** Clear goals for personal and professional life.
 - **Timeframe:** Present tense, focusing on becoming the person now.
 - **Price:** What you're willing to do or give to achieve your goals.
 - **Plan:** Less detailed than a traditional plan, focusing on taking action and letting the plan reveal itself.
- **Importance of the Pathfinder Vision (7:37):** The power of a Pathfinder Vision is illustrated through real-life examples of successful individuals who have utilized clear goal-setting and visualization techniques, like Bruce Lee, Jim Carrey, and Sarah Blakely.
- **Why You Need a Pathfinder Vision (11:45):** Based on statistics, people who write down their goals are 42% more likely to achieve them. While visualization techniques can improve performance by 13.5%.
- **How to Create Your Pathfinder Vision (12:58):**
 - **Identify Your Personal and Professional Goals:**
 - **Personal Goals:** Start by determining what you want to achieve in your personal life. Think about your relationships, health, hobbies, and overall life satisfaction.

- **Professional Goals:** Define your career aspirations, business goals, or any professional milestones you aim to achieve.
- **Write Your Vision Statement:** Let me share my Pathfinder Vision as an example to guide you:
 - **Personal:** "Allie, the kids, and I are living our best lives. We are deeply connected and thriving in each of our endeavors, with God as the foundation of our lives. In return, I've done the internal work to be the best version of myself for each of them—open, supportive, and operating from a place of love. I am the benevolent alpha they need in their lives."
 - **Professional:** "I am earning \$1 million per year and possess \$10 million. I've built the leading success coaching brand in America, helping tens of thousands of clients. In return, I've mastered marketing and team-building, ensuring my company delivers a world-class coaching experience that clients love and recommend."

List of Resources Mentioned in the Episode

["Think and Grow Rich: The Landmark Bestseller Now Revised and Updated for the 21st Century"](#) by Napoleon Hill

["Wishes Fulfilled: Mastering the Art of Manifesting"](#) by Dr. Wayne Dyer

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