



JIM HARSHAW, JR.

Clarity of Action. Peace of Mind.

Success for the Athletic-Minded Man Podcast
Action Plan Episode #460
Dave Pulcini

Ever wondered why even the most successful individuals seek out coaching?

In this episode of the ["Success for the Athletic-Minded Man" podcast](#), I sit down with Dave Pulcini— a longtime Pathfinder (or what we call the clients of my coaching program, Reveal Your Path), a Financial Advisor, and the Managing Partner at SixPoint Financial Partners.

This episode gives you a firsthand look at the Reveal Your Path frameworks and strategies that have propelled him to new heights— both financially and personally.

This is a masterclass in goal setting, accountability, and building a community that elevates you. Dave's analogies between athletic discipline and business success will inspire you to reevaluate your own routines and habits.

From a successful athlete in high school and college to a thriving professional, Dave is the perfect example of what it means to harness your athletic drive for clarity, focus, and consistency in both business and life.

Whether it's setting micro-goals for personal growth or leveraging the power of a supportive network, Dave's story is a powerful reminder that there's always another gear to shift into.

Don't miss this deep dive into the playbook of a true Pathfinder. Tune in now!

Top Quotes From This Episode

"If you're stuck in the nine to five right now and you have vacation days you can take, and you're not using it with your family, I'm telling you, take some days and just go do something for yourself. It will re-energize you completely."

"The people that I think have it together and are wealthy, they schedule days for themselves."

"There is nothing more painful than regret."

Show Notes

This episode touches on the following key topics and ideas:

- **Why hire a coach? (2:31):** Dave explains the value of accountability and structured guidance in pushing beyond current achievements and unlocking higher levels of success.
- **Athletic background and influence (4:38):** Dave shares his background in athletics, detailing how playing multiple sports in high school and college instilled discipline and a strong work ethic.
- **Daily routines and structure (6:33):** Dave emphasizes the importance of maintaining a disciplined schedule to balance professional and personal responsibilities.
- **Micro goals and process (7:59):** Dave shares examples of how setting small, achievable tasks aligned with his core values and priorities helps him make steady progress in various aspects of life.
- **Community and accountability (9:52):** Dave discusses the positive impact of having accountability partners and how the community within the [Reveal Your Path program](#) has helped him grow both personally and professionally.
- **Scheduling for success (18:49):** Dave talks about the concept of CEO days— dedicated days for strategic thinking and planning for professional growth.
- **Estate planning (24:29):** Dave underscores the crucial importance of having essential estate planning documents, such as a will, healthcare proxy, power of attorney, and trust.

List of Resources Mentioned in the Episode

["Who Not How: The Formula to Achieve Bigger Goals Through Accelerating Teamwork"](#) by Dan Sullivan and Dr. Benjamin Hardy

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: JimHarshawJr.com/APPLY

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Guest Website and Social

Dave Pulcini

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