



# JIM HARSHAW, JR.

*Clarity of Action. Peace of Mind.*

Success for the Athletic-Minded Man Podcast

Action Plan Episode #446

**Jamy Bechler**

Jamy Bechler is a titan in the realm of leadership, whose career has spanned from the basketball court to the boardroom. A seasoned coach, athletic director, and John Maxwell certified leadership coach, Jamy has dedicated over two decades to transforming teams and individuals.

In this episode of ["Success for the Athletic-Minded Man,"](#) we dive into Jamy's playbook for leadership and personal development. His journey reveals the power of intentionality, the importance of knowing oneself, and the art of inspiring others without relying on authority or titles.

Jamy's strategies aren't just for athletes; they resonate with anyone looking to elevate their leadership game in business or life. Discover how Jamy leverages his sports background to address corporate challenges, emphasizing that true leadership transcends the field or office— it's about making a positive impact on every team member's life.

Don't miss this episode for actionable insights on building a winning culture, enhancing personal and team performance, and achieving success by fostering genuine connections.

## **Top Quotes From This Episode**

*"Leadership is more about making people better, making situations better, providing hope for people. Leadership is not about a position."*

*"A good leader finds ways to make things better, find solutions to problems without always pointing the fingers."*

*"You can delegate the task but you can't delegate the responsibility."*

## Show Notes

This episode touches on the following key topics and ideas:

- **Leadership vs. management (2:34):** Jamie Beckler shares insights into the distinction between being a leader vs being a manager.  
  
He emphasizes the value of leveraging assessments to gain self-awareness and improve leadership effectiveness.
- **The career pivot (20:32):** Jamie recounts his transition from coaching and athletic directing to becoming a certified John Maxwell speaker and coach.  
  
He shares the challenges and rewards of starting his own business and pursuing his passion for leadership development.
- **Practical strategies for peak performance (34:02):** Jamie discusses the significance of morning routines and utilizing tools like whiteboards for organization and planning.
- **What's an action item the listener can take in the next 24-48 hours? (35:11):** Do a [Productive Pause](#): take five minutes and think about how am I being a leader versus how am I being a manager?

## List of Resources Mentioned in the Episode

["The E-Myth Revisited: Why Most Small Businesses Don't Work and What to Do About It"](#) by Michael E. Gerber

## Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: [JimHarshawJr.com/APPLY](http://JimHarshawJr.com/APPLY)

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**Jamy Bechler**

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