

Success Through Failure Podcast Action Plan Episode #434

A Step-by-Step Goal Setting System That Works: A 20 Minute Masterclass for Clarity and Consistency

Do you wish you had a specific step-by-step framework to set goals for 2024? In the next 20 minutes, I'm going to outline for you a laser-focused strategy designed to help you create the right goals for you and a plan to achieve them.

Join me as I share the intricacies of goal-setting backed by real stories and proven habits. From defining your ideal day to uncovering core values, we're breaking down the barriers that hinder your consistency, focus, and success. Make 2024 a year of growth, impact, and success through failure.

But it doesn't stop there! I'm introducing a game-changing tool, accessible to you for FREE, that my <u>Pathfinder</u> clients swear by. It's the missing link between setting goals and making them a reality.

This episode isn't just a listening experience; it's your ticket to a transformational journey. Are you ready to turn 2024 into your most successful year yet? Don't miss out—tune in now and get ready to conquer the path to success!

### **Top Quotes From This Episode**

"Success can look a lot of different things. It can look like what's parked in your neighbor's driveway. It can look like what you see on social media, or it can actually look like that thing that you deeply, truly want, that life that you actually want."

"You have to figure out what [your] ideal life, that miracle life look like. Then script that out. And once you do, you're going to have clarity around how to go about setting your goals."

"When people talk about feeling out of balance, feeling out of harmony, out of alignment in their life, it's because they really don't know who they are, what they stand for, what their core values are, and what their vision is for life. When you have that, you can set goals and make choices that align with that and move down the path that you want to move down in your life."

"You have to have accountability because it helps you do really, really hard things. You have to welcome it."

#### **Show Notes**

## This episode touches on the following key topics and ideas:

- Goal Setting Work Session 2024! (0:32): Join the workshop on December 29th. Click here to secure your spot: <a href="https://jimharshawjr.com/GSWS">https://jimharshawjr.com/GSWS</a>
- What is the value of setting goals? (3:04): Setting goals allows you to have a crystal clear vision of what you want to achieve in life. And when you have that crystal clear vision, you become more resilient, more consistent, focused, and you're able to stay on track in the longterm with your goals.
- Having aligned goals (6:21): Most people just start setting goals without understanding what they should align their goals with. So it's important to figure out what your ideal life look like. Then script that out.
- **Primary focus (11:41):** Focus on setting goals on the following categories: Relationships, self, health, and wealth
- Have a plan for follow through (15:27): All your efforts in goal setting will mean nothing if you just put it up on a shelf or if you fall off the path a week or a months down the road.

# <u>List of Resources Mentioned in the Episode</u>

FREE Reveal Your Path Worksheet 2 (Goals Template)

## Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: <u>JimHarshawJr.com/APPLY</u>

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