

Success Through Failure Podcast Action Plan Episode #420 What's Your Legacy? 9 Ways to Leave Your Mark on the World

You know the story: hustling hard, chasing dreams, and pushing for progress. But have you ever taken a moment to think about the legacy you'll be leaving behind? Well, that's what we're diving into in this episode. I'm talking about how to create a legacy that will carry on your impact long after you're gone.

Tune in as I walk you through the 9 practical ways to build a legacy that will give your life *even* more meaning and help you have impact long after you're gone.

But listen: this isn't just about finding out what boxes to tick off on your personal bucket list. It's way more important than that.

This episode is your introspection toolkit; a guide you can revisit time and time again as you unearth what legacy truly means to you, all while staying true to the very essence of who you are.

So if you want to find out your answers to these questions, then sit back, hit play, and let's find out.

Top Quotes From This Episode

"When you think about creating your legacy, it's okay that you've failed. It's okay that you've had setbacks. It might even be great that you've had setbacks. Those are just part of your journey and part of your story."

"What are you passionate about? Pursue those things. Don't just choose something because that's what you think you're supposed to do with the outside world."

"This is your legacy. There's no one else like you. Fully bring yourself to the world and you will leave a strong, meaningful legacy."

Show Notes

This episode touches on the following key topics and ideas:

- The cause for self-reflection (0:42): Why you're already asking yourself the question on legacy without realizing it.
- On Tom Barron (3:48): I share a moment when my wrestling coach gave me a pep talk I wouldn't forget.
- Starting from the end (8:41): Having an idea of what outcome we want to have when we are no longer here is the best beginning in our journey.

9 Practical Ways to Build a Legacy

- **1.** Live with Integrity (10:17): Can you say you're doing the right thing, in line with your values, even when it's not easy?
- 2. Invest in Relationships (11:24): Making people's lives a little bit richer can make a meaningful difference.
- 3. Persistently pursuing passions (12:41): Doing something you're excited about despite the odds can become bigger than you think.
- **4. Empowering others elevates yourself (14:28):** Helping bring people up to a better standard of life is always worth it— even if it takes a while.
- **5.** Contribute to your Community (16:15): Whether it's a charity, a school, or just an individual, every bit of support counts.
- **6. Charitable Donations (17:24):** It doesn't have to be material wealth— there's always something that needs doing if you look around enough.
- 7. Creating Sentimental Things (19:10): What's something that you've made that could make a difference in a person's life? It doesn't have to be extravagant, just heartfelt and authentic.
- **8. The Value of Tangible Stories (20:23):** Taking snapshots of people and stories is easier than ever.
- **9. Be yourself (21:37):** "Even if you have quirks and weirdness, you shouldn't be worried about that. Just be yourself because there's no one in the world that can be a better you." (Ed Sheeran)

<u>List of Resources Mentioned in the Episode</u>

Stephen Covey's book, "7 Habits of Highly Effective People"

F₃ Nation

Want to talk to a personal performance coach?

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Other Episodes Referenced

#275 The Underground Movement That's Transforming Men Across America: F3 Founder Dave "Dredd" Redding

#418 Best and Worst Takeaways of My Painful and Life-Changing Epic Adventure (And How to Create Your Own)