



JIM HARSHAW, JR.

Clarity of Action. Peace of Mind.

Success Through Failure Podcast

Action Plan Episode #416

God in the Arena: How Wrestling Paved the Way to My Spiritual Awakening

Picture this: a sermon that blends science, logic, and faith into a mind-blowing testimony.

Now, I know some of you might be skeptical, thinking, "Science and faith? How does that even work?" Well, in this deeply personal episode, I'm going to share with you my testimony that's unlike anything you've heard on the show before.

This is not your run-of-the-mill faith story; it's a journey of reason and revelation that led me to embrace God in a whole new light.

But even if you're not quite sold on the whole faith thing, I've got a challenge for you. Give the first 10 minutes a shot—just ten minutes (or skip to 14:44 for my message of faith and failure)! Who knows, you might find yourself intrigued by the twists and turns of my logical thinking process that led me to my faith, Helen Maroulis's David-and-Goliath-like Olympic gold win, and the wisdom found in the Bible, spotlighting iconic figures like Gideon, Moses, and Peter, whose stories of failure will resonate with yours.

So tune in now and let's talk about divine promises and finding solace and victories in the most unexpected places.

Top Quotes From This Episode

"God doesn't say He's going to make everything easy for us. He just says "trust in Me," "lean on Me."

"God does amazing things when we have faith."

"God will make you strong. Trust. Have faith. Lean on God. Don't make it about you. Make it about following His plan. Focus on the process and the outcome will be what it'll be."

"You can give it to God. And when you do amazing things can happen for you."

Show Notes

This episode touches on the following key topics and ideas:

My Testimony

- **Wrestling with Doubts (1:54):** My personal journey of finding my faith through moments of self-doubt and uncertainty during my wrestling career.
- **That makes sense! (4:38):** The logical process I had to go through in order to comprehend that there's a Creator, a God.
 - The unexplainable facets of science
 - God sending his only son to pay for our sins— like parents bending over backwards for their childre
 - Jesus as a humble and relatable figure
 - Life is challenging despite having a God— just like how our parents and coaches didn't make it easy for us
 - There are still things I don't understand— like how science can't fully explain gravity or the mpemba effect

Message of Failure and Faith

- **Putting Down My Fear of Failure (14:44):** Amidst my struggles as an athlete, I realized that I couldn't control everything, but I could trust in God's plan, which let me to become a Division I All American.

Stories of Failure from the Bible

- **2 Corinthians 12:9-10:** "But [God] said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong"
- **Judges 6: 14-16:** ¹⁴The Lord turned to him and said, "Go in the strength you have and save Israel out of Midian's hand. Am I not sending you?"¹⁵ "Pardon me, my lord," Gideon replied, "but how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family." ¹⁶The Lord answered, "I will be with you, and you will strike down all the Midianites, leaving none alive."

- **Exodus 3:7, 10-11:** ⁷The Lord said, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering. ¹⁰So now, go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt." ¹¹And Moses said unto God, "Who am I, that I should go unto Pharaoh, and that I should bring forth the children of Israel out of Egypt?"

List of Resources Mentioned in the Episode

[Maple Grove Sermon Slides](#)

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: JimHarshawJr.com/APPLY

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Other Episodes Referenced

[#143 Fear, Doubt, and Achieving Greatness: The Unlikely Story of Olympic Gold Medalist Helen Maroulis](#)