

Success Through Failure Podcast Action Plan Episode #398 **Dr. Tom Perrin** 

Dr. Tom Perrin's client list is a who's-who of elite performers: Geno Auriemma and UConn Women's basketball, the Detroit Pistons, the World Cup Champion US Women's National Team, Shaka Smart and Marquette University basketball, former NHL head coach Bruce Cassidy, and the US Men's National Team.

With over 15 years of experience as a performance coach and consultant working in sports— and virtually every industry— Tom is the key that has helped numerous high performers to perform even better.

In this episode, Tom discusses his insights about leadership, its challenges, and the commonalities among successful leaders.

He also shares his thoughts on the role of failure in success, and gives tips on how to reflect on your own successes and failures to move forward.

Join me and Tom in this episode and discover what it truly takes to be a great leader. Hit play now!

## **Top Quotes From This Episode**

"There's a lot of complexity in between the idea of something and its fruition."

"When you start to create a narrow box of what it means to be a leader and compare everybody against that, you can start to exclude people who can actually be successful and effective in doing it their way."

"Great coaches account for the individual within the system."

"Failure can be very useful in what it can teach us if we can learn from it."

"Failure is not an end. It's a means to an end."

#### **Show Notes**

## This episode touches on the following key topics and ideas:

- What leadership is really about (3:45): Tom delves into two things that leadership primarily serves.
- What makes leadership hard (6:36): How leaders' experiences and circumstances affect their leadership.
- A notion of leadership (13:07): The impact of someone's view on leadership has in its development.
- The focal point (14:21): Tom breaks down the basic consulting model in setting up and fixing teams or organizations.
- Commonalities among successful leaders (18:45): How leaders in various industries achieve success by utilizing systems and accounting for individuality.
- Failure's role in success (25:38): Tom discusses two critical elements that failure offers which can lead to success.

# What's an action item the listener can take in the next 24-48 hours? (30:21)

- Figure out who you are and why you're effective at what you do.
- Reflect on the reasons behind your successes and failures.
- Get help with seeing yourself beyond your own frame of reference.

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#### **Tom Perrin**

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