



# JIM HARSHAW JR.

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## *Revealing Failure as the Path to Success*

Success Through Failure Podcast  
Action Plan Episode #375  
**How to Get Unstuck and Get to Your Life's Work**

### **Top Quotes From This Episode**

*"Things may be fine, but you're not okay with settling for fine. 'Fine' is mediocre. 'Fine' is what you say when you're unfulfilled."*

*"The masses of men lead lives of quiet desperation." (Henry David Thoreau)*

*"When will you get out of the rat race? When will you invest in yourself? When will you give yourself the opportunity to think about what you really want from life and then document it in a way that provides you a target to aim at that's worthy of you being all in on your life's work? Because when you do, when you make that commitment to yourself, then and only then will you find clarity of action and peace of mind."*

### **Show Notes**

Do you want to get clear on the goals for your life?

Do you sometimes feel deep inside a nagging question of "what's next?"

Do you struggle with finding time to work on the things you want to achieve in your life?

Do you feel pulled in a million different directions? Like you wish you had more time in your day?

I've got news for you... no one's coming to save you.

Things aren't going to change by just waking up tomorrow and doing the same things for no better reason than that's what you did today. And you're probably doing the same things today for no better reason than that's what you did yesterday.

And that's what led you here.

Sure, things may be fine but you're not ok with settling for "fine."

"Fine" is mediocre.

"Fine" is what you say when you're unfulfilled.

"Fine" feels like driving around with the parking brake on.

And it's costing you.

You're not performing to your maximum potential.

You're not making the money you could be making.

You're not as healthy and fit as you could be.

You're not as productive as you could be.

You're not giving your family or your job the absolute best version of you.

And you're not making the impact that you want to make.

People say that you just have to work hard and it will all fall into place.

You already work hard but what are you working hard for?

A gold watch that you'll receive when you retire from a job that you dreaded going to?

A life that fell short of the impact you wanted to have in this world?

But here's the thing...

If you're willing to just stop for long enough then you can find the clarity, focus, consistency, and balance that you need and want in your life so that you can maximize your potential and lead the life that you know is possible for you...

But you continue.

You continue in the rat race.

You continue to be busy— always thinking that happiness will come if you just work enough.

Henry David Thoreau said, *"The masses of men lead lives of quiet desperation."*

That doesn't have to be you. You don't want to "play to the level of your competition."

You want to be significant.

You want to crush it at work.

You want to be an awesome parent, spouse, or leader at work.

You want to be fit.

You want to make more money.

You want a clear path of what to do next so that you can have all of those things.

Look... I don't know where you're at.

Maybe you already make a great living but just feel like you're missing certain pieces in your life that will make it complete.

Maybe you have a great job but have areas of your life that aren't working well.

Maybe you have a great relationship with your spouse and family but you're not providing for them at the level that you'd like to— like spending time coaching your kids sports teams or going on date nights to your favorite restaurants downtown a couple of times a month.

Maybe you feel like you're moving forward and achieving good things in your life but you know that if you were more fit then you'd be able to take giant steps toward that dream life you want.

Maybe you have a business or a book or some other form of greatness inside of you that you want to unlock and unleash to the world.

But you're *too busy* to get to your life's work.

I know. I've been there. I've been the guy who was spinning his wheels, working hard and aimlessly pushing myself toward something I didn't even know I wanted. But I figured out how to break out of my limiting beliefs that were dictating my actions that were holding me back.

And you know that this is what you need to do, too. But you don't know where to start. So you keep moving forward without a plan. Sure, maybe it's a loose, undefined vision but not the crystallized plan that you need.

When will you stop?

When will you invest in yourself?

When will you give yourself the opportunity to think about what you really want from your life and document it in a way that provides you a target to aim that that's worthy of being your life's work?

Because when you make that commitment to yourself, then and only then will you find clarity of action and peace of mind.

*So, here are two things that you can do right now.*

First, block off an hour of time on your calendar for next week and another hour the following week. Then, use the first hour to write the vision for your life in three years and use this framework:

1. Relationships
2. Health
3. Professional

Then use the 2nd hour to review, edit, and revise your vision.

*(But, Jim, I thought you were going to give me a magic pill? Or maybe you were going to do it for me? No one can do this work for you. Just like no one can do your push-ups for you.)*

Second, get a coach.

I can hear you thinking this right now... "A coach?" That's for other people, not me. That's for people who need to get their lives together. Or maybe you already

know that successful people have coaches and you're thinking, "that's for elite executives" or "I'll get a coach when I'm at that next level." Do you hear the contradiction in that last sentence?

Tom Brady is arguably the greatest to ever play the game of football but still he has strength coaches, nutrition coaches, and even a quarterback coach... now, that's what it takes to get out of your own way!

Of course, we have an amazing coaching organization and we work with high-performing men and women who are stuck at their current level, feel like they have more to offer the world, want to find more time and create a vision for their lives and create a plan to execute it. But even if you don't work with us, work with someone. Start somewhere.

I coach my clients to find the smallest action they can take— I call it a *catalyst*— a small action that sets off a larger chain reaction. And for you right now that would be going to [JimHarshawJr.com/apply](http://JimHarshawJr.com/apply) and signing up for a call with me. Or it may be doing a Google search for executive coaches or life coaches around you. That small action— that catalyst— will very likely change your life and get you to your life's work. Take action now.

### **Want to talk to a personal performance coach?**

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: [JimHarshawJr.com/APPLY](http://JimHarshawJr.com/APPLY)

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