



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #361

Mission Critical: Transformation and Enlightenment Through a Crucible Experience with Appalachia Service Project

I always tell my kids, “You get tough by doing tough things.” So I thought, “what better way to start their summer break than to give my two oldest kids their much-needed coming-of-age experience!”

Instead of our usual fun summer getaway adventures, my sons— Jesse (16) and Wyatt (14)— and I went on a mission trip that changed the way we view the world.

This year, my boys and I signed up for a mission trip organized by the [Appalachia Service Project](#)— a “Christian ministry that inspires hope and service through volunteer home repair and replacement.”

During the seven-day mission trip, we spent our nights sleeping in a gymnasium with 70 strangers, while our days were spent sweating through our jeans from the non-stop digging and hammering and building.

The experience changed us, to say the least. Not because of the hard work. I've worked plenty of construction jobs. But because of the emotional conflict that I walked away with.

In this episode, allow me to take you back to our trip to Kanawha County and experience what it's like to make a dent in the world— one family at a time.

Top Quotes From This Episode

“You get tough by doing tough things.”

“One man can make a difference.”

Show Notes

This episode touches on the following key topics and ideas:

- **Mastery episodes (0:46):** Listen to the Mastery episodes here: JimHarshawJr.com/MASTERY.
- **My core values (1:18):** Faith, family, fitness, fun, and philanthropy.
- **F3 Nation Foundation (2:20):** [F3 Nation](#)'s fundraising arm aims to accelerate its mission and impact through generosity.
- **What you'll get from this episode... (3:32):**
 - **Insight:** What it means to serve with Appalachia Service Project (ASP)
 - **Information:** Poverty levels we witnessed and experienced
 - **Inspiration:** To join me in making an impact
- **A coming-of-age experience (4:39):** Why my two sons and I went on a mission trip.
- **The beginning (6:40):** Learning about the mission trip organized by ASP.
- **Crossing the threshold (8:05):** The trials, allies, and enemies after signing up for the mission trip.
- **From bad to worse (12:11):** The chaotic situation at the venue— a massive gymnasium in Charleston, WV.
- **Day 1 (16:04):** A memorable first day of work.
- **Day 2 (17:55):** Day 1, but make it HOTTER!
- **Day 3 (19:17):** A taste of reality: learning about people sinking into despair due to drugs, poverty, and violence in the neighbourhood.
- **Day 4 (22:38):** Taking pride on our hard work; getting to know some of the volunteers.
- **The final day (27:46):** The power and peace from serving others; meeting some amazing young leaders.
- **The end of the hustle (32:52):** The lessons and rewards from this [success through failure](#) experience.
- **Summer would never be the same (35:41):** My post-mission trip emotions and realizations.

- **It's your turn to serve (39:27):** To know more about ASP, visit asphome.org, and start making an impact today.

If you want to provide support repairs in a specific community, just go to: asphome.org/give/rcd.

List of Resources Mentioned in the Episode

Listen to the Mastery episodes here: JimHarshawJr.com/MASTERY

[E3 Nation](#)

[My son, Wyatt, playing the piano](#)

Tex Evans (founder) shares about his vision for ASP and for Appalachia: ["Because This is Where They Live"](#)

[Appalachia Service Project](#)

Support repairs in a specific community: [Restricted County Donations](#)

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: JimHarshawJr.com/APPLY

Enjoyed the podcast and want to hear more? Head on over [here](#) for more!

How to Leave a Rating and Review for STF on iTunes

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: <https://youtu.be/T1JsGrkiYko>

Other Episodes Referenced

[#27 Joe De Sena and How to Be a Spartan](#)

[#340 Joe De Sena on Resilience for Families and the Spartan Lifestyle](#)