



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #358

Christine Spadafor

Christine Spadafor is a lecturer on Strategic Leadership at Tuck School of Business at Dartmouth and a lecturer at Harvard Medical School.

She is an experienced public and private company board director with deep expertise in risk management, regulatory compliance, ESG, and DEI.

This Mercyhurst University Board of Trustees member has a demonstrated track record leading successful large-scale transformational initiatives at the intersection of strategy, operations, finance, and change management in domestic and global markets.

She also has worked extensively as a Board of Directors advisor to Fortune 500 C-suite executives.

In this episode, we get into Christine's experience with success and failure as a CEO and as a woman in the male-dominated corporate world. We'll also delve into The Great Resignation— what is it and what are the specific, practical, and actionable tactics you can use to manage your career in this phenomenon? Tune in now!

Top Quotes From This Episode

"What I really tried to do when I didn't get it right was reflect and learn from it."

"Every single one of you has power. Don't let anyone else tell you you don't. You have more power than you know."

"Failure won't kill you. It'll make you feel bad, it might damage your reputation, but it won't kill you. You have the power."

"One of my greatest strengths about being the only woman in the room is I was consistently underestimated. You're at the table because you've earned a spot at the table, not because you're a token and they just needed a woman in the room, but because you're smart and capable and you are expected to contribute."

"You have your own power, use it."

Show Notes

This episode touches on the following key topics and ideas:

- **[Share this episode!](#) (1:25):** Listen to the show, take a screenshot, and share it on social media. Don't forget to use the hashtag #STFpod and tag me at:
 - **Facebook:** [@jimharshawjr](#)
 - **Twitter:** [@jimharshaw](#)
 - **Instagram:** [@jimharshawjr](#)
 - **LinkedIn:** [Jim Harshaw, Jr.](#)
- **What is the Great Resignation? (1:58):** The Great Resignation is *"millions of people leaving the workforce for a variety of reasons."*
- **[The viral LinkedIn post](#) (3:42):** The mistake of staying in jobs for too long despite the red flags.
- **It's ok to quit (6:02):** If you've been in a toxic workplace, take a step back. Know your value.
- **Planting the seed (8:11):** When 5-year-old Christine received the greatest lesson from her dad.
- **What's an action item the listener can take in the next 24-48 hours? (9:02):** Build your [Environment of Excellence](#).
- **The mistakes and the lessons:**
 - **(13:28)** Christine on the struggles she had to face when she worked as the first senior woman in a global company.
 - **(16:08)** Christine relives the time she almost lost a valuable employee.
- **On quitting (20:22):** Taking care of your mental health is a priority.
- **On failure (23:07):** How Christine handles failures.
- **A woman in the male-dominated corporate world (25:24):** *"You're at the table because you've earned a spot at the table."*
- **To all men... (26:42):** Be an ally to women.
- **It's about intersectionality (27:54):** Diversity ≠ equity ≠ inclusion.

List of Resources Mentioned in the Episode

[Christine Spadafor's viral LinkedIn post](#)

Watch "[Seinfeld](#)"

Brad Johnson and David Smith's "[Good Guys: How Men Can Be Better Allies for Women in the Workplace](#)"

Want to talk to a personal performance coach?

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