



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #332

The Four Most Transformational Lessons from Success Through Failure in 2021

In this episode, I share the top lessons and takeaways from my favorite guests. If you're like most listeners, you love Success Through Failure but don't get to listen to every episode from start to finish.

With six years worth of episodes— 332 episodes to be exact— are you overwhelmed on what to play next? I know I would be! 😊

Well, let me help you narrow down your choices!

In this episode, I share the top highlights from the 52 episodes released in 2021. I share the most transformational stories and lessons that helped move— and continue to move— the needle for so many listeners.

Plus, I give you an exclusive sneak peek at some of the upcoming guests.

Hints: we'll have an undercover FBI agent who infiltrated the mafia for six years and a man who went from \$80,000 to 125 MILLION dollars net worth in just three years!

All of that and more are coming to the show this 2022! 🎉

I know you don't want to miss another episode so tune in now!

Top Quotes From This Episode

"There are things that I've learned because I've opened the door and allowed myself to say, 'What can you learn from this, Jim? How could this be a positive?'"

"If you architect a little bit of discomfort into your life every day, you can be happy. Just eating a cracker in the rain." (Joe De Sena)

"I guarantee, you can look back at a failure that had happened in your life and go, 'Man, thank goodness that happened.'"

"These failures that have happened in the past, you've benefited from them. Allow yourself to recognize that."

Show Notes

This episode touches on the following key topics and ideas:

- **GSWS 2021 (3:17):** Join the Goal Setting Work Session 2022 on Dec. 30, 10 AM to 12 noon. There are only a few spots left so sign up now! Visit JimHarshawJr.com/2022 to know more.
- **Coming soon! (3:53):** Upcoming episodes and guests on the Success Through Failure podcast this 2022 that you don't want to miss!

Best of 2021

1. [#291 Logically Override the Default \(8:20\)](#)
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Are you willing to do the things that it takes to logically override the default? To use your logical brain to override the emotional default thinking that is holding you back?

2. [#293 Jeff Bulington \(12:40\)](#)
[Action Plan](#) | [iTunes](#) | [Spotify](#)

Jeff is a chess teacher in Franklin, Mississippi. He had a successful chess team that he had developed in a school in Memphis that has absolutely transformed lives.

3. [#312 Michael Easter \(16:33\)](#)
[Action Plan](#) | [iTunes](#) | [Spotify](#)

Michael Easter is the author of *The Comfort Crisis: Embrace Discomfort To Reclaim Your Wild, Happy, Healthy Self* as well as a writer and editor for *Men's Health* and *Outside* magazines, and a professor at the University of Nevada, Las Vegas.

4. [#323 Michael Chandler \(23:06\)](#)
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Michael Chandler took a leap of faith and walked onto the University of Missouri wrestling team in 2004 after high school graduation.

In 2009, Michael competed in his first MMA fight, won by first-round TKO, and hasn't looked back since.

Other outstanding episodes that aired in 2021 (30:09):

5. [#307 Jack Canfield](#)
[Action Plan](#) | [iTunes](#) | [Spotify](#)

Jack Canfield, known as America's #1 Success Coach, is a bestselling author, professional speaker, trainer, and entrepreneur. He is the founder and CEO of the Canfield Training Group and the co-author of more than two hundred books, including, *The Success Principles™*, *How to Get from Where You Are to Where You Want to Be*, and the *Chicken Soup for the Soul®* series.

6. [#284 Bob Burg](#)
[Action Plan](#) | [iTunes](#) | [Spotify](#)

Bob is the co-author of *The Go-Giver* book series. *The Go-Giver*, a Wall Street Journal and BusinessWeek Bestseller, has sold over 975,000 copies. The book has been translated into 29 languages. It was rated #10 on Inc. Magazine's list of the Most Motivational Books Ever Written and was on HubSpot's 20 Most Highly-Rated Sales Books of All Time.

7. [#290 Steven Pressfield](#)
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Steven Pressfield is the brilliant mind behind the books *Gates of Fire*, *The War of Art*, *The Legend of Bagger Vance*, which was adapted into a movie starring Will Smith, Matt Damon, and Charlize Theron, and *The Warrior Ethos*.

8. [#327 Devon Harris](#)
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Devon Harris was raised in the slums of Kingston, Jamaica, yet he graduated from the prestigious Royal Military Academy Sandhurst in England and served as an officer in the Jamaica Defence Force. He started off as a barefoot boy trying to win a track race and became a member of his country's first Olympic bobsled team.

Since his days on the bobsled slope, Devon Harris has become a top corporate keynote speaker and author, sharing his philosophy of Keep On Pushing and never stop dreaming with Fortune 100 companies across many industries.

9. [#320 Lindsay Shoop](#)
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Olympic gold medalist Lindsay Shoop is a coach, author, speaker, and lifelong athlete.

In addition to her Olympic gold, she is a three-time World Champion, five-time World Cup medalist, and a National Rowing Hall of Fame inductee.

**10. [#289 Starting a Side Hustle](#)
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In this episode, you'll get to learn some specific, concrete tactics that even world-class performers like [Tim Ferris](#) and [Russell Brunson](#) practice and live by.

List of Resources Mentioned in the Episode

Watch "[Donnie Brasco](#)"

Joe De Sena's book "[10 Rules for Resilience: Mental Toughness for Families](#)"

Mark McLaughlin's book "[Cognitive Dominance: A Brain Surgeon's Quest to Out-Think Fear](#)"

["Black Hawk Down"](#) (movie)

["Black Hawk Down: A Story of Modern War"](#) (book)

60 Minutes episode with Jeff Bulington: [Chess instills new dreams in kids from rural Mississippi county](#)

Michael Easter's "[The Comfort Crisis: Embrace Discomfort To Reclaim Your Wild, Happy, Healthy Self](#)"

[Michael Easter on The Comfort Crisis](#) (The Joe rogan Experience podcast)

Bob Burg's "[The Go-Giver: A Little Story About a Powerful Business Idea](#)"

["Cool Runnings"](#) (movie)

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: [JimHarshawJr.com/APPLY](https://jimharshawjr.com/APPLY)

Enjoyed the podcast and want to hear more? Head on over [here](#) for more!

How to Leave a Rating and Review for STF on iTunes

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: <https://youtu.be/T1JsGrkiYko>

Other Episodes Referenced

[#223 How to Use Cognitive Dominance to Out-Think Fear with Neurosurgeon Mark McLaughlin](#)

[#281 Essential Frameworks For Crushing Uncertainty: Entrepreneurial Thinking for Real World Success with Brant Cooper](#)

[#27 Joe De Sena and How to Be a Spartan](#)

[#99 World Champion Mike Chandler on Escaping Doubt and Finding True Confidence](#)