



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #307

Jack Canfield

Jack Canfield, known as America's #1 Success Coach, is a bestselling author, professional speaker, trainer, and entrepreneur. He is the founder and CEO of the Canfield Training Group, which trains entrepreneurs, educators, corporate leaders to accelerate the achievement of their personal and professional goals.

Jack is the co-author of more than two hundred books, including, *The Success Principles™*, *How to Get from Where You Are to Where You Want to Be*, and the *Chicken Soup for the Soul®* series, which includes forty New York Times bestsellers and has sold more than 500 million copies in 47 languages around the world.

He holds a Guinness World Record for having seven books simultaneously on the New York Times Bestseller List. Jack is also a featured teacher in the movie *The Secret*.

Jack joins us in this episode where he talks about the power of visualization, the role of failure in his success, and more. Listen now.

Top Quotes From This Episode

"Your vision of what you want is a solution to something you have a problem with."

"The Law of Attraction says that when things are vibrating at the same level, they're attracted to each other."

"Your job is to do what makes you come alive. Don't ask what the world needs, ask what makes you come alive because the liveliness is your feedback system that you're on course."

"The only way to get through anything is to just feel the fear and do it anyway."

"I see failure as feedback rather than as something bad that happened."

Show Notes

This episode touches on the following key topics and ideas:

- **Journey to success (3:32):** Jack shares his story as a young dreamer and how he transformed his life and reached success through education.
- **The basic stuff (8:20):** Jack explains why lack of exposure is the reason why most people don't do the basics: Visualization, affirmations, Law of Attraction.
- **Visualization:** How to visualize and use it to reach your goals:
 - **(11:23)** Use visualization to rehearse and imagine having the successes you want. When you do that, your body and your mind actually experience that they had that success.
 - **(15:01)** Visualization stimulates your creativity to come up with creative ideas.
 - **(15:52)** Through visualization, you're activating the "Law of Attraction."
 - **(17:35)** How to do visualization that Jack recommends for you to do at least twice a day.
- **The Secret (23:05):** Jack goes in-depth on the Law of Attraction, which states that "when things are vibrating at the same level, they're attracted to each other" or being attracted with other people who share the same energy as you do.
- **How to deal with failure (30:30):** (1) Do psychological reversal through muscle testing by tapping on your non-dominant hand 35 times.
(2) Break your limiting belief by joining Jack's mailing list and going through the [belief change experience](#) or get access to [The Success Principles 10-Day Transformation](#).
- **Tell me about a time when you failed. (38:03)**
 - Jack believes his failures are learning experiences; delays and results.

List of Resources Mentioned in the Episode

Napoleon Hill's ["Think and Grow Rich: The Landmark Bestseller Now Revised and Updated for the 21st Century"](#)

[Why I teach my children to fail | Jim Harshaw | TEDxCharlottesville](#)

Rhonda Byrne's ["The Secret"](#)

Kathy Thorson Gruhn's ["Drug Tested for Being Happy: True Stories to Make You Laugh"](#)

Jack Canfield's books:

["100 Ways to Enhance Self-Concept in the Classroom"](#)

["The Success Principles\(TM\): How to Get from Where You Are to Where You Want to Be"](#)

["The Success Principles" Workbook](#)

["Dare to Win: The Guide to Getting What You Want Out of Life"](#)

["Chicken Soup for the Country Soul: Stories Served Up Country-Style and Straight from the Heart \(Chicken Soup for the Soul\)"](#)

["Chicken Soup for the Single's Soul"](#)

["Chicken Soup for the Mother's Soul: 101 Stories to Open the Hearts and Rekindle the Spirits of Mothers"](#)

["Chicken Soup for the Baseball Fan's Soul: Inspirational Stories of Baseball, Big-League Dreams and the Game of Life \(Chicken Soup for the Soul\)"](#)

Want to talk to a personal performance coach?

Want to consider executive life coaching? Claim a spot on Jim's calendar for your free one-time clarity call: JimHarshawJr.com/APPLY

Enjoyed the podcast and want to hear more? Head on over [here](#) for more!

How to Leave a Rating and Review for STF on iTunes

Ratings and reviews help a lot! Please consider leaving one. It's really simple. Here's how: <https://youtu.be/T1JsGrkiYko>

Guest Website and Social

Jack Canfield

[Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)

[The Success Principles 10-Day Transformation](#)

Momentum Mastermind