



# JIM HARSHAW JR.

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## *Revealing Failure as the Path to Success*

### **Success Through Failure Podcast**

Action Plan Episode #234

Jim Harshaw Jr Solo - Passion and Purpose

Everybody wants to know their purpose. And they want to live their passion. What's the difference? Is there a difference? And would I even go about discovering my purpose or passion? How can I live with a purpose if I don't even know what it is?!

All these questions and more answered in this episode.

### **Quotes**

"You can create your passion."

"If I didn't find wrestling when I was six years old, for example, it's not that I would've lived my life completely adrift. I would've found something else."

"What matters to you in this world?"

"I don't want you thinking that once your passion and discover your purpose, life's all rainbows and daisies. It's not. But it's better. It's a life of inspired action."

### **About The Difference Between Passion and Purpose 02:03 - 03:28**

"Passion is about you. Passion could be something that you're interested in. It could be gardening, it could be fishing, it could be fitness, it could be coaching your kids' baseball team, etc. Those are all passions. That is not necessarily the same thing as your purpose. They may be connected. They pretty much always are. If your passion is gardening, your purpose could be teaching intercity youth the benefit of growing your own garden. But I feel like most people, you'll likely have more than one passion. It could be college football and sports. It could be any of those things I just talked about. Passion and purpose are different. But your purpose is always connected to something that you're passionate about, and you may have multiple passions. Passion is about you. Purpose is about something outside of you."

## **About Creating Your Passion 05:19 - 06:02**

"If you're not sure what you're passionate about, try new things. Sign up for a course. Grow. Get outside of your comfort zone. Learn a new skill that you've been thinking about. Maybe it's woodworking or public speaking or volunteering at the local homeless shelter. Try something new. Try something different. In my community and group of friends, I know some guys who have become really passionate about F3, a men's workout group."

## **Examples of Purpose 14:54 - 15:45**

"Tony Hsieh from Zappos, which was bought by Amazon, the whole purpose of that company was delivering happiness. He found purpose in a shoe company, right? A shoe company. A mail-order, online shoe company. He found massive purpose in that. He made a lot of money too. Harvey Mackay, he's written tons of great books. He's a personal development guy and motivational speaker. He's the CEO of an envelope company. Envelopes. He didn't have the company for a while, then sell it and go out and be a motivational speaker. That's just what he did. He was a motivational speaker and author on the side. That was his purpose."

## **About Finding Your Purpose 17:37 - 21:05**

First, you have to step back and do things like this:

1) You have to think about what your ideal day might be like. Your ideal day is going to involve your passions, like playing chess, going fishing, working out, spending time with your kids, etc. Another way to look at this ideal day to think about this thing called the miracle question. This is straight out of the book *Solution-Focused Therapy*. I actually did this with a client recently and this worked with her entire team, helping them and their employees discover what most engages them in their work. We had the entire company there at the meeting and it was pretty fascinating what came out of this. But you can do this individually as well. Here's the miracle question: imagine you go to bed tonight. While you're sleeping a miracle happens, and you don't know what that miracle is because you're sleeping. But you wake up and as soon as you wake up, as soon as your eyes open, you start to sense that a miracle has happened. What's happened is that you are now living your ideal life. As your feet hit the floor, you start to realize that a miracle has happened. When your feet hit the floor, what do you see? Where are you living? Who's there with you? What do you do during the morning, during the day, in your evening? What does

that life look like? Again, it's going to include your passions and you're going to see some purpose come out of this.

2) Ask yourself another question, and it could be during this ideal day/miracle life or just in the past when you felt purpose in your life. Think about A-E-I-O-U.

a) A stands for activity

b) E stands for environment. What kind of environment are you in?

c) I stands for interactions. What interactions were you having?

d) O stands for objects. What are you using? A computer, a hammer, a pencil?

e) U is for users. Who are the other people there?

3) Another way to think about purpose is to think about what is present and not present in the future, whether it's in this miracle life or just in this future you want for yourself.

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