



# JIM HARSHAW JR.

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## *Revealing Failure as the Path to Success*

### **Success Through Failure Podcast**

Action Plan Episode #212

Jim Harshaw Jr Solo- No One Coming to Save You

You're waiting. There's a sense inside of you that someone is going to come and tell you that it's ok. That you have permission to do the thing that you've always wanted to do. That they'll know when the time is right and they'll give you the green light. And when they do that, all of the risks will be gone. All of the fear will vanish. Here's the truth... no one is coming to save you. That person isn't coming. Fear is normal. If you want to move toward doing something different or better but you push up against a fear, that's a sign that you're about to breakthrough. That's EXACTLY where you want to be. In this episode, I break down this sense that you're waiting for someone to save you and how to overcome it.

### **Quotes**

"In the end, it's up to you. No one is coming to save you. No one is going to give you permission. That is the most freeing advice I can possibly give you."

"Whenever you make the emotional decision to commit to something, following through almost becomes like inspired action. It becomes easier."

### **About The Gift Of Choice 06:08 - 06:50**

"It's all up to you. It may sound like I'm being harsh or I'm crushing your hope, but this is the opposite. This is empowering. This gives you all the power, all of the hope in the world because it is up to you. Yes, as I said, there are people out there who can help but they're not coming to help you. You have to go get them. You have to take action. You have to invest in yourself, in your relationship, your health. Imagine if Erik Weihenmayer waited for someone to come save him. He wouldn't have achieved all these amazing things and inspired so many people."

### **About Tony Horton and Bonnie St. John - 07:20 - 08:08**

"Tony sold over a billion dollars in fitness products. He was poor and struggling when he first started. Then, he signed up for self-help seminars. He paid money out of his pocket. That is what he says got him out of the hole. He had to take charge and invest in himself. Imagine if Bonnie St. John waited. She was the first African-American ski medalist in Winter Olympic competition. That's just the beginning of her accolades."

### **About Doing The Work To Achieve Your Goals 09:34 - 10:21**

"You might be saying, 'Yeah, okay Jim, I'm going to do this. I'm going to take that step.' But guess what? It's not going to be easy. You have to do the foundational work to understand what truly motivates you and why are you doing this. Then, you have to create goals and action items. Big goals, small goals, monthly goals, daily goals, you have to put processes in place to help you take steps every day because when you do that, you turn hard work into inspired action. That is how great things happen in your life. That's how transformation happens, getting from whatever level you're at right now."

### **Action Items**

- 1. Commit.** Sign up for the race, write down the goal, pay for the course or the coach, join the gym, call the counselor. Take the step. Make the commitment.
- 2. Fear.** Identify the fear that's holding you back. Are you afraid of being embarrassed, of doing something out of your comfort zone, doing something you don't know about, are you afraid of speaking in front of an audience, are you afraid of taking that first step and what that commitment might actually mean? Are you afraid to go for a run because you might get really tired and sore, or maybe look silly because you don't have the cool running gear? I'm a professional speaker now because I signed up for Toastmasters, because I was so bad at speaking. Take the first step into the fear.
- 3. Prototype.** Test out the thing that you want to do, you've been waiting for someone to come and help you or give you permission to do. Just test it out. You can shadow someone in the career you're thinking of, or go do a free talk about the thing you want to speak professionally about. If you want to write a book, go do a free blog post. Take the free trial of gym membership. You don't have to commit and go all in. Just prototype to be sure. Try out the options and then make a commitment.

**4. Fail.** If you're in sales and you don't know how to get to the next level, make 50 calls a day. If you want to lose 50 pounds, just start moving. Who cares if it's yoga, pilates. Tae Bo, Prancercise, anything. It doesn't matter. Success through failure is a real thing. You learn through failure. Be okay with failure. Failure is an option.

### **What is Prancercise?**

<https://www.youtube.com/watch?v=o-50GjySwew>

### **Episodes Referred**

Jim Harshaw: <https://jimharshawjr.com/202/>

Erik Weihenmayer: <https://jimharshawjr.com/96/>

Tony Horton: <https://jimharshawjr.com/85>

Bonnie St. John: <https://jimharshawjr.com/169>

Jon Gordon: <https://jimharshawjr.com/117/>

J'den Cox: <https://jimharshawjr.com/176/>