



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #210

Eric Albright

Eric is a pathfinder who I wanted to have on the podcast. By Pathfinder I mean Eric is in alum of my coaching program, Reveal Your Path. When you witness a radically transformed life it's proof that you can change too. I'm bringing Eric on today not to talk about my program but because he is an example of your ability to create change in your life, get out of a rut and live an extraordinary life, not just despite your failures but because of them. Eric was in an unfulfilling job. It was comfortable but he knew there was more in him. He knew that he was leaving too much on the table. And he didn't see a way out. I've known Eric for a long time as you'll find out in our discussion. But we hadn't talked to each other for quite a long time before we reconnected a few years ago. You're going to find his story very relatable and very powerful... and you're going to leave this episode inspired, energized and excited because you're going to fully understand the steps that he took to get out of his rut and to get onto his path.

Quotes

"We're always looking to level up and it goes back to the fundamentals."

"When the hate for where we are becomes so strong, that's when we'll change."

"If you want to be successful, you have to jump. There's no way around it. If you jump, I can assure you your parachute will not open right away. But if you do not jump, your parachute will not open. If you're safe, you'll never soar." - Steve Harvey

"You can be grateful for everything you have and also hate the fact that you are in a certain place or you are stuck in a rut and you're leaving too much on the table. Those things can co-exist." - Jim Harshaw

About Nick's First Steps & Prototyping 22:45 - 24:00

"I was so focused on my environment of excellence. This is something I share with people who asked me, 'How did you do it? What was the first thing you did?' When I was working at the nuclear power plant, nothing was positive about the place. So I was not in an environment of excellence. I had to create that. So I became obsessed with podcasts and books, basically just hearing these successful people telling their stories. They became almost like a replacement for the people I was physically with. I was spending more time with these successful people in my ear and any negativity I had was just getting flooded out by positivity. I really just started networking in the community. I would literally just contact local business centers or successful athletes and say 'I'm very intrigued with what you do. I'd love to grab coffee and hear about how you became so successful.' When I started to do that, doors were opening left and right that I never imagined would open. It became real that quickly I was going to get out of the nuclear power plant."

About Daily Goals 36:10 - 37:47

"A lot of times, people's dreams just get stuffed in a closet. We graduate from college, we're expected to get a job. A lot of times, what happens is we get married, have kids and buy a house. A lot of times, we find ourselves with some debt like student loans. So we just get buried in this world we have no idea how to get out of. I think too often, we're focused on the big things. Something I want to point out is when I talk about goal-setting, my wife and I are big on goal-setting. We meet once a week and she holds me accountable. I also have the truth-tellers and other people I meet with through the month. But relationships, self, health, professional, and then financial, I have my goals long-term and broken down into daily goals. So every day I know what I need to accomplish in each of those areas. They're not always balanced but it keeps us on track. It's so important not to lose sight of the big goals, but also not to focus so much on them that you scare yourself to not even taking a step forward. When I lost my job, we brainwashed ourselves that there was no safety net or plan B."

About Being Able to Achieve 3 to 5-Year Goals in 20 months 39:50 - 40:50

"We had rough timetables and we had no idea what to expect. But yes, we knocked them out and now, we are setting new 3 to 5-year goals. We have a lot of fun. We have freedom of time. But we are still in full-blown grind mode and that's not going to stop anytime soon. We have very, very big goals and we have an awesome platform where we can help a ton of people and the impact on the community is so important to us. Just really helping people who were stuck like I was and since I'm

the financial services, it's helping people with that sort of thing. So we love what we do. We love where we're at in our life but we have a long way to go."

Episodes Referred

Kyle Maynard: <https://jimharshawjr.com/5/>

Bill Burnett: <https://jimharshawjr.com/124/>

Don Yaeger: <http://jimharshawjr.com/153>

Jim Harshaw: <http://jimharshawjr.com/204>

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