



JIM HARSHAW JR.

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #173

Jim Harshaw Jr Solo- Missing Goal (Self Goal)

When you talk about setting goals, you immediately think of a career or professional goal. Or you think about some kind of health or fitness goal. Or maybe you think about something around relationships. But are there any other categories where you should be setting goals?

YES!

In this episode, I reveal the most forgotten goal category. When you ignore this type of goal, you're short-changing yourself. You're leaving out one of the most fulfilling pieces of personal growth and happiness. Listen now.

Quotes

"The right number of goals to have is somewhere between four and eight."

"Having a single-minded focus doesn't work in the real world."

About Finding Your Goals for Self

1. Growth means personal growth. Maybe it's learning a new skill or taking an online course, reading a book, just gaining new knowledge. I'm a proponent of creating your own content. Because there's so much great content out there. So if you say, 'I want to learn about computer science,' you can create your own course for free. Go and find three videos, read two books and listen to ten podcast episodes.

2. Impact means philanthropy. Ask yourself what is the impact you do you want to have on the world? Volunteering is something that we think we're really giving something away but in the end, it comes back to us. We feel good because we volunteer or we give money to an organization that's close to our hearts. It's altruistic in some ways but it's also self-serving.

3. Fun is just things that you love to do. For me, it's outdoor adventures. And I just did one of my goals for this year a few months ago, which is going solo camping. You have to make sure you're living in balance and you're doing things that fill yourself. What do you love to do that you're just not getting enough time to do it? It can be one big event or it's something you do weekly.

Clarity Call - Free 30 Minutes of Coaching

<http://jimharshawjr.com/apply>

Episodes Referred

All Solo Episodes: <https://jimharshawjr.com/solo>

Solo Episode: <http://jimharshawjr.com/118>

Finding Clarity on What's Next for You: <http://jimharshawjr.com/120>

How to Be Certain for Setting the Right Goals in 2018: <http://jimharshawjr.com/122>

AM/PM Routines: <http://jimharshawjr.com/129>

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