



# JIM HARSHAW JR.

*Revealing Failure as the Path to Success*

## **Success Through Failure Podcast**

Action Plan Episode #172

Travis Daugherty

Travis Daugherty is leadership speaker, author, and basketball coach. He's the author of "The Lens: Raising a Champion Athlete and Man in Today's Myopic World". In the book, which focuses on raising boys but is relevant to girls as well, Travis gives us the clarity to help your son reach his full potential on the playing field and in life. It provides a powerful vision for who he can become, and a game plan for navigating today's short-sighted or narrow-minded youth sports culture. In short, he helps you see clearly what matters and what doesn't.

### **Quotes**

"Our love and passion for what we do sustains the burden of commitment."

"One thing that's important is having people in your life who can speak truth to you and you being able to accept it as truth."

"Jon Gordon says that creating a vision is so important because if you can see it, then you can create it."

"One experience isn't going to define my child, it's the daily choices that I make to cultivate them that'll define what they become."

### **About the Importance of Creating Love for the Game 09:00 - 10:00**

I think a lot of the choices that we make as sports parents today are driven out of a desire to see our kids succeed. And yet, ironically, many of the choices that many of us make are counterproductive to developing, for instance, our child's love for the game. When we step back and see the big picture, I think any of us would agree that when we love what we do and it creates in us this opportunity perspective, that we feel energized, blessed and joyful that we're able to do it, it changes the way we look at it, the way we experience it and what it means to us moving forward. When anything in life becomes for us an obligation, we're burdened by it or stressed out

because we have to do it, not because it's something we get to do, it has a tendency to drain our spirit."

### **About the Experience of Pain and Struggle 17:07 - 18:13**

"For me, a great analogy when it comes to helping our kids develop the toughness, the resilience, the fortitude that's required for them to be their best, this idea of like taking the gloves off them and letting them do the work - any work with do with our hands, a tool, working in the yard or the garden, when we lift weights or in any other area, the parts of our hands that are weak and are too sensitive, when we do that challenging work, they get exposed. They blister. That experience is painful. But what's the result of the pain and the experience is that not only do we heal, but we get tougher in those important areas where we need to be able to have toughness to succeed. So our kids are more prepared by going through a difficult experience, especially if we're there to guide them and help them and provide some clarity for them."

### **About Using Examples of Idols to Understand Struggle's Importance 28:40 - 29:41**

"The story of the people my kids look up to, that's another way to come along side our kids and say, 'I know you love Steph Curry but I want you to understand this reality of the path Steph Curry has taken to get here.' What do our kids see on SportsCenter? Steph Curry making game winners and Steph Curry the MVP and Steph Curry the champion. But what SportsCenter doesn't show is that growing up, Steph Curry was an undersized, under-recruited, under appreciated young player. He dealt with a ton of struggle as an athlete growing up. When we use the examples of others and we're willing to model the challenge, the struggles and the failures of our own lives for our kids, there are so many powerful examples that we can connect to that can clarify some of those important lessons we really want our kids to learn."

### **Action Item**

Clarify a vision for who it is you want your child to become, not necessarily just an athlete, but as a person too. What qualities do you want this experience to provide for your child? Is developing your child's toughness a priority for you, or their courage, or their selflessness, their positive attitude?

### **Episodes Referred**

Jon Gordon: <https://jimharshawjr.com/117/>

## **Website and Social**

Website: <https://www.thelensbook.com/>

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