



# JIM HARSHAW JR.

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## *Revealing Failure as the Path to Success*

### **Success Through Failure Podcast**

Action Plan Episode #158

Cody Lundin

CODY LUNDIN is an internationally recognized professional survival instructor with more than 28 years of hands-on teaching experience. Cody's love of all things self-reliant began as a child with the influence of his homesteading grandparents.

The only child of a military family, Cody moved frequently. During these years of migration, with no formal base to call home, Nature became Cody's constant companion.

Today he is one of the world's leading survival experts and the founder of the Aboriginal Living Skills School. He has been featured in media outlets including The Today Show, History Channel, Dateline NBC, CBS News, USA Today, The New York Times, Good Morning America, Newsweek, Fox News, and CNN to name a few.

In July of 2009, Cody was hand-picked to co-host the hit Discovery Channel show, "Dual Survival" in which he starred for four seasons.

### **Quotes**

"I firmly believe that everyone has a gift to give on this planet and they need to have the courage to follow that."

"It was over time realizing that money was a tool and any tool, whether it's a knife or a gun or a pencil, it's the user that determines how that tool is used."

"If you have a passion and you go through and it doesn't work out, that's okay. What's not okay is if you have a passion and you never explore it."

"Everybody wants to eat vegetables from the garden, but nobody wants to pull the weeds."

### **About Going Towards Your Dreams (10:52 - 11:30)**

"If your listeners think that, 'Oh, I guess it's the way it is,' it's bullshit. It's just another cop out excuse. You've got to take baby steps sometimes. It doesn't mean that if you have the conventional lifestyle as an accountant and that you want to do wild-water rafting trips as an instructor, that it's going to be an easy switch, it's not. But it depends on what you want. One thing I've keyed in on is if your motives are altruistic, where you actually care about others and you really want to be a service to life, then the doors will open where there are no doors. So it depends on what you want to do."

### **About Connecting Back to Nature (18:14 - 19:00)**

"For me, there's no better way to find out who you are than nature, than to be out in the wilderness because there's just no bullshit with her. She is what she is. Either do what she says or you die. So there's no mamsy-pamsying around. I've seen time after time after time students go out in the field and come back, and literally give up drugs or alcohol, or get a divorce or get married. It's made some major life decisions for them, just being able to download what's important to them by stilling their mind and stilling their body, and not having these distractions. Nature took over their persona and helped them think straight and make these decisions that are impossible to make."

### **About Being Honest and Gaining Courage to Change (24:20 - 25:20)**

"If people were just naturally honest with themselves and the people around them, a lot of the stuff will naturally just clear out. A lot of it will clear up. You'll have the clarity you're looking for with the \$100 therapy bills or whatever it is, and you can move on. When you have the clarity, you can have the push to come in and make the change. And it's really scary to be self-intuitive with a sketchy business and a bunch of bills coming in. People think that 'You have a simple life and you have no stress but that's bullshit.' I work with the [inaudible 24:48], I work with the government bureaucracies, [inaudible] insurance, there's a lot of paperwork with what I do [inaudible] where I just go barefoot all over the place and play a flute or whatever. That's not the way. I'm okay with the workload. I enjoy the workload because it's like training at the gym. If you don't have resistance, you don't build more muscle mass. So that natural resistance is healthy, I think, for people to push on through and grow as a person"

### **About Visualizing Your Results (33:28 - 34:00)**

I do focus on results that I want. But every coin has two sides. So I think it's important to manifest something, to focus on what you want. But to have what you want, you have an intention, you have a mental picture of it, like a cup, and you fill it with emotion and passion. That's what makes the basic manifestation. It's important to

have a picture but don't get attached and devastated if all of a sudden the cup has two handles instead of one."

### **Action Item**

"Find a place where you can get still and quiet for a bit and figure out what you want to do. If you know there's something that you haven't quite fulfilled yet, try to get still and quiet the monkey mind where you can download some steps of action. You can't have steps of action when you're a psychological mess."

### **Tool Recommended**

Be honest and have integrity.

### **Website And Social**

Website: <http://www.codylundin.com/>

Facebook:

<https://www.facebook.com/Cody-Lundin-Aboriginal-Living-Skills-School-LLC-124508247561387/>

Twitter: <https://twitter.com/codylundinalss>

Books:

[https://www.amazon.com/Cody-Lundin/e/B001JRXOEW/ref=sr\\_ntt\\_srch\\_lnk\\_1?qid=1533960143&sr=1-1](https://www.amazon.com/Cody-Lundin/e/B001JRXOEW/ref=sr_ntt_srch_lnk_1?qid=1533960143&sr=1-1)