Success Through Failure Podcast
Action Plan Episode #155
Jim Harshaw Jr Solo -

Making Success Easy: Turning Hard Work Into Inspired Action

Does success require hard work? Well, yes and no. When you discover how to turn hard work into inspired action, the pain and suffering that is required to achieve meaningful goals gets easier. But you have to stop and do the work. You have to discover what's important, why it's important, and how to set goals that are connected to those things.

But there's fear. I know. And doubt. So, you wait. Maybe next year. Maybe when you read one more book or talk to one more expert. So the waiting continues. You feel adrift. Or maybe like you're barely keeping your head above water. Like you're so busy you can't stop to evaluate what you even want lest you drop one of the balls you have in the air. But you know there's more in you. You know you're leaving too much on the table. You know you're capable of more and being average scares the crap out of you. But still, you wait.

How do you break this cycle? How do you move forward despite chaos, busyness, fear, doubt, and uncertainty? How do you turn hard work into inspired action? We're going to dive into this today in this episode of Success Through Failure.

Quotes

"It's a little bit unfair to call it hard work because I was inspired. It's inspired action."

"You're not going to grow if you stay comfortable."

"If you wake up an hour earlier every day for a year, you get 9 40-hour work weeks."

"If you believe it logically but you don't believe it emotionally, then you've got to connect those two."

About Seeking Help 13:18 - 13:34

"The highest performers, Bill Gates, Oprah Winfrey, they didn't' do it on their own, so get help. Get accountability, get a coach, get a counselor. Invest in yourself. Get outside of your head and get somebody to help you do this, to create inspired action."

About Doing the Work 11:40 - 12:35

"Here's my question for you. Have you done the work? The world will lead you to not be inspired because when you go through the world, you look around, it's average. The average is around you. So have you increased the average of the standards of the people you surround yourself with? Have you done the work to create your environment of excellence? Have you actually done the work to identify what is most meaningful to you? Have you done the work to identify your goals and write down your goals and learn a system for updating those goals and replicating those goals and reviewing those goals and honing those goals and optimizing your action items? If you haven't, you've got to do it."

Figuring Out What's Scary But Important to You 16:47 -17:18

What's that scary thing you want to do but it's too fearful? Once you figure out why, once you get inspired to do it, everything changes. Then you can start stepping into your fears. Then you can start doing these things that are scary. Then you can start looking at other people and go, 'Ah, I see now why they're able to put themselves through pain and suffering.' but that pain and suffering might be saying no to the birthday cake at the conference room at work. That scary thing, that hard thing might be waking up an hour earlier."

What's Needed to Get to the Point of Inspired Action 21:02 - 21:44

"Here I am starting at failure, at doubt, at hopelessness and despair and being broken. So I said, what was in place in my life when I was able to take inspired action? What was in place in my life when I turned failure into success before, when I was able to be persistent, when I was able to be motivated and inspired and work despite the odds? It was, I knew what my values were. I had those values aligned with my goals. I had an environment of excellence, the right people in my life, and the right media in my life, the right self-talk. And I had a plan to follow through. So it's core values, goals, environment of excellence, follow through."

Reveal Your Path

https://jimharshawjr.com/coaching/

Episodes Referred

Thom Shea: https://jimharshawjr.com/132/

Mark Divine: https://jimharshawjr.com/45/

Kyle Maynard: https://jimharshawjr.com/5/

Erik Weihenmayer: https://jimharshawjr.com/96/

Wayne Kurtz: https://jimharshawjr.com/47/

Helen Maroulis: https://jimharshawjr.com/143/

Jim Harshaw: https://jimharshawjr.com/139/