



**\*\*Bonus Module\*\***

## **Reframing Failure**

There is one thing we all fear when it comes to taking an action step. Making a mistake and failing. I've been the proud owner of MANY failures in my life.

The truth is that the greatest success stories in the world graduated with a doctorate from the *University of Failure*. The only difference is how they handled those failures and setbacks. I am going to go over the most common forms of failure and how you can reframe them to lead yourself forward into success, as well as how to be able to move forward without a debilitating fear of failure.

### **Abject Failure:**

This is the worst one. It marks you in a bad way and you most likely fail to recover from it. With this type of failure people lose their lives, careers, peer respect, families, and so much more.

### **Structural failure:**

This failure can reach you at pretty good depth, but it doesn't permanently disable your identity. These are the really hard failures to deal with but you can still see a glimmer of hope on the backside of this failure.

### **Glorious Failure:**

This is when you go out in a fumbled but beautiful blaze of glory. It's crazy but beautifully exciting at the same time.



## Reframing Failure

### **Common Failure**

This failure is essentially the everyday instances of messing something up that are not too difficult to recover from. It's when you accidentally forgetting something, showing up late, etc. Basically whenever you make a simple mistake that the basic apology was created for.

### **Version failure:**

This form of failure is a small failure that eventually leads you to incremental, but meaningful, improvements over time. It's like the stages in your life that you go through and improve with each version. Most commonly noticed would be a person going through relationships over their lifetime. Every relationship that ends is a way to potentially improve yourself and your choice of partner over time.

### **Predicted failure:**

This form of failure is the kind that you are waiting to see take place with the intention of fixing the issues as they arise to further progress in a successful manner. Failure is an essential part of the process that allows you to see what it is you really need to do more clearly because of the shortcomings. This form of failure is seen very commonly in situations where you put someone through a process of practicing something and expose them to situations where you will be able to see their inevitable shortcoming and correct them as they arise to improve their performance. This could be athletes, new employees that are being trained, etc.



## Reframing Failure: Foundation

**\*\*Re-Use/Re-print pages for each failure\*\***

**What is the failure? Explain**

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## Reframing Failure: Foundation

Label which category you've placed this failure in.

- Abject
- Structural
- Glorious
- Common
- Version
- Predicted

Why did you place it there? Be HONEST

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## Reframing Failure: Foundation

What label could be placed on it?

- Abject
- Structural
- Glorious
- Common
- Version
- Predicted

Why?

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## Reframing Failure: Foundation

What could/should you have learned from the failure?

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What will be the next steps for your life to move forward now that the failure has been relabeled?

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