



JIM HARSHAW JR

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #99

Michael Chandler

Today I bring you Michael Chandler. Originally from St. Louis, Michael Grew up in a typical blue-collar, hard-working household with a union carpenter and a secretary for parents. The value of hard work was instilled early on as well as the desire to do what he could for those around him.

In 2004, Mike enrolled at the University of Missouri, walking onto the school's wrestling squad. While at Missouri, Chandler was a four-time NCAA qualifier, collected 100 career wins, as well as earning fifth place at NCAA's, earning Division I NCAA All-American honors.

Following his collegiate wrestling career, Mike began training mixed martial arts with Xtreme Couture. He fought his way to the top and is the current Bellator Lightweight Champion and ranked as the #7 lightweight in the world according to FightMatrix.com and is regarded as one of the top 20 greatest lightweight fighters of all time.

Quotes

"A lot of people are unfamiliar with excellent levels of success and it's almost a scary thing because it becomes a newfound responsibility."

"The seasons of life, the ups and downs of life make you who you are."

"How do you go from self-doubt to self-belief? Just like everything in life, it takes time under tension."

About Matching Belief in Self with Success Expectation

"You have to bring your level of belief up so high that what you're trying to accomplish is in line with it because if what you're trying to accomplish is above and

higher than where your expectations or where your belief in yourself is, you're always going to find a way to compete or sabotage yourself downward, below what you're trying to accomplish."

About Accepting Mediocrity to Dodge Failure/Humiliation

"You can always be at your best when you're mediocre. When you're striving for something great, whenever you're not getting outside of your comfort zone, whenever you're just living a life that has no goals, that has no drive, that has no big aspirations, no goals that make people feel uncomfortable, these goals that make people doubt you... whenever you don't have those, you don't have that exponential fear of being laughed at or failure, or literally everything coming crashing down."

About What Defines You

"This fight game does not define me. My wins and losses do not define me. My shortcomings did not define me. My wins don't define me. The amount of money and amount of lights that I've been under in this fight game does not define me. What defines me is truly trying to become my best self and every single time I strap on these gloves, every single time I bite down on that mouthpiece, I'm trying to outperform my previous self. I'm not trying to be perfect. I'm not trying to be the best in the world. Becoming the best in the world is going to become with the process of becoming the best version of yourself."

Action Item

1. "It's not that people don't do the right things. It's just that they don't do them long enough. Stay on course and continue to believe in yourself.
2. Continue to self-educate. Listen to podcasts, get on YouTube and listen to all of these motivational things which are at your fingertips.
3. Somebody has to be the best in your industry or field. The life you want to achieve is on the other side of your fear so go out there and just take the bull by the horns."

Website and Social

Facebook: <https://www.facebook.com/mikechandlermma/>

Twitter: <https://twitter.com/mikechandlermma>

Upcoming Fight: **Bellator NYC, June 24th 2017, Chandler vs. Primus**

Episodes Referenced

Mark Divine: <http://jimharshawjr.com/45>

Cael Sanderson: <http://jimharshawjr.com/the-secret-of-cael-sandersons-success/>