



JIM HARSHAW JR

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #76

Leigh Martinuzzi

Leigh is an expert in lifestyle design. He helps people go from living a life they hate to living a life they love. He assists people through speaking, coaching, writing and podcasting. He's the author of *The Hidden Why: Living Life with Passion and Purpose*. Having a corporate background as a senior executive for multi-national companies, Leigh realised that he wasn't living the life he wanted.

He made a decision to design his life to give him more freedom, fulfilment and happiness. He has successfully transitioned from a dissatisfying existence to life with greater purpose.

Now he pays forward what he has learned to help other people do the same.

On personal growth

"I went was very comfortable in my life but I went beyond comfort to stagnation."

On putting aside your ego to discover your true essence

I had to start doing the work to uncover my essence. I really believe that in our essence we have this deeper why. I believe that we don't listen enough because we have all this chaos and external factors that are going on all around us and we let *that* guide us in life. I had to start deconditioning myself again. We have to start listening to our true why. Our true calling. Part of that is because of our ego.

Once you begin taking purposeful action, life become much greater.

I can honestly say that I have more freedom, more fulfillment than I've ever had before. I have a greater level of happiness than I've ever had before.

Action to take in the next 24-48 hours

Find an hour to get out into nature and take a walk and just see what comes about. Spend time doing critical thinking. Then spend some time doing some planning on things like "this is who I am, this is what I like, this is what I value, these are some of the directions I can take."

Recommended Books:

The 7 Habits of Highly Effective People by Stephen R. Covey

Buy it: <http://amzn.to/2hZrcfT>

Websites and Social:

<http://thehiddenwhy.com/>

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