



JIM HARSHAW JR

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #71

Philip McKernan

Philip is an inspirational speaker, writer & filmmaker who works with entrepreneurs and business leaders all over the world. When people are seeking clarity about their future or want to move through roadblocks, seen and unseen, they call Philip. He helps people get clear on who they are and where they need to go. He helps them transition in their personal and professional lives so people feel aligned in all areas of life. He has worked with the Canadian Olympic Team, The Pentagon and has shared the stage with speakers like the Dalai Lama and Richard Branson.

On Fear and Regret:

"The ultimate destination of fear is regret."

"So many of us in this world have regrets. And we use those regrets to fuel more regrets. We'd rather sit here and beat ourselves up for what we haven't done as opposed to get off our ass and do something different. Who you've been and what you've done shouldn't define our lives. It's who you want to be."

On Failure:

"I felt like a failure everyday of my life and that haunted me for a very long time."

"When I don't listen to my gut. When I don't listen to my intuition, I fail every single time."

On Finding Out Who You Are

"You must have the courage to stop in the middle of your journey and say 'am I in

alignment with who I am?' The biggest missing link is the 'who am I?' Most people really don't know who they are."

"Once you align with who you are, then health, money, relationships begin to improve and expand with abundance."

On Taking Action:

"In the absence of clarity, take action."

"Act upon what you know rather than what you don't know."

Why do we get misaligned with who we are?

"It's because we're scared of the truth. We're scared about how amazing, how magical we could be. I think we'd rather fail in a misaligned role than fail in alignment. We'd rather fail at doing something we'd rather not do rather than run the risk of failing at something we're put on this planet to do because if you fail at what you're here to do and what you really love, well, then you're really screwed. But reality is that you'll never fail if you can align yourself with what you're here to do."

Other Success Through Failure Episodes reference:

Interview with James Leath, Head of Leadership Development with IMG Academy

<http://www.JimHarshawJr.com/55>

Philip McKernan's Movie: Give and Grow

<http://giveandgrow.com/film/>

Books referenced:

Websites and Social:

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