

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #122

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How to be certain when setting the right goals for 2018. Most people I talk to are afraid to set the wrong goal so they simply don't set any goals. In this week's episode, I talk about how to set the right goals for 2018 AND how to make sure you follow through.

Quotes

"There is more than one right path for you."

"You've got to tie your goal to a core value."

About Goal Setting

Step 1: Identifying your goal and make it specific. "I want to have a better relationship with my wife" is not a good goal. There's no benchmark. So you can set a process goal, such as spending two nights together alone without the kids, and do a date night at least once a month.

Step 2: Identify the core value or values that most match with your goal.

Step 3: Make a pneumonic out of your core values so that it's easier for you to remember.

Step 4: Ask yourself the What, Who, How, When and Why.

What obstacles are in front of you or the setbacks you might face along the way?

Who are the people or groups that can help you reach this goal?

How are you going to reach your goals? Create steps, your own action plan.

When is the deadline for achieving this goal?

Why do you want to achieve this goal? What would you feel achieving this goal and why is it important?

About Breaking Down Goals Into Shorter-Term Goals

Setting these long-term goals, sometimes they can seem so far away that it's almost not even real. But what's real is the next quarter. So break it down to quarterly goals. List out the shorthand version of what you need to do in each quarter to move towards this goal. Once you've completed quarter one, review it and see what's needed to be done in quarter two.

List of Core Values: http://ht.ly/S4HDE

Goal Setting Template:

http://jimharshawjr.com/wp-content/uploads/2017/12/Goal-Setting-Worksheet.pdf

Goal Compass:

http://jimharshawjr.com/wp-content/uploads/2017/11/Goal-Compass.png