



JIM HARSHAW JR

Revealing Failure as the Path to Success

Success Through Failure Podcast

Action Plan Episode #120

Jim Harshaw Jr

Today I bring you a solo podcast. So many people I talk with struggle with having clarity on what's next for them. Because they lack clarity, they feel unfocused in their life. They labor hard at their work. What I teach in this episode is a system for turning work into inspired action. Turning uncertainty into clarity. Turning inconsistency into focus.

Quotes

"Our time and energy, they're finite so it's matter of identifying the things you want."

"We are happier if we know we are growing."

"A productive pause is a short period of reflection around specific questions that leads to clarity of action and peace of mind."

About What's Important to You

"Your success is defined by you. The reason so many people are unhappy and they come to me is because they feel out of balance in their life. When you feel out of balance, it's always when you're trying to live your life based on somebody else's values. Usually, it's what's the media forcing onto you, what you see on Facebook, what you see parked in someone's driveway. That's not what important to you, that's important to somebody else. What's really important to you?"

About Living Beyond Average

"You look outside your door and everything out there is average. If you don't make a conscious effort to rise above that, to do more than the average person in your relationships, in your health and wellness, in your finances, in fulfilling yourself and

your own needs, if you don't make that conscious effort, that intentional effort to live that way, you're going to get sucked into the average. That's what this is all about."

About The System for Focus, Clarity and Inspired Action

Step 1:

When I was a high-performing athlete, I knew what was important to me. I knew the things that I valued most. For me, I wanted to be like my mentors and coaches. I wanted to be respected and live that disciplined life. I valued the work ethic, the discipline, the toughness, the respect.

Step 2:

I built my goals on top of that. They inherently aligned with those things. Therefore, I was able to deal with struggles, failures and setbacks and push through to still achieve my goals. My goals were based on my values, not anybody else's values. When you base your goals on your own values, then you can deal with these hard things that come up with life. You can remain focused and continue to have the clarity of what's next in your life and you can live a life of inspired action, if and only if you know what's most important to you, you do the work identifying to your goals to those core values. How do you start identifying your core values? Ask yourself, if you died today, what would you want people to say about you in your eulogy? There are four areas of goals, relationships, self, wealth and health.

<http://jimharshawjr.com/wp-content/uploads/2017/11/Goal-Compass.png>

Step 3:

You are not the average of the five people you spend your time with. You are the sum of the five people you spend most your time with and the sum of the content that you allow into your mind and world. This means your whole environment. We're not just talking about people. How do you create your environment of excellence? You need to know your MAPS; the **media** you allow into your life, the **area**, the physical environment you're in, the **people**, and your **speech**, the self-talk and your talk out loud.

Step 4:

You must have a plan to follow through. The few people who listen to this who actually write down their goals, most of them lose track of them. They put it on a shelf somewhere or they save the document on the computer and they don't even remember what they are. You have to be able to see this on a regular basis. Here's what I do to my goals today. I put them on a Google Doc, I take that hyperlink and I

go to my online calendar, I open up a calendar item, it's called Quick Goals. I copy-paste the link into the description and I set it to remind me on the first Monday of every month so I can review them. I also have them written down in my wallet, and I also write my goals out several days a week.